



JCE CAMP SIGMA

2026

Mastering BOOMER SKILLS in a GEN ALPHA world!

Students will gain timeless life skills through interactive, hands-on lessons. We bring learning to life with fully engaging activities and wrap up each session with exciting group competitions that make every lesson unforgettable! Throughout the day, students can **FLEX** between ten different centers, giving them the freedom to explore what they love most while building independent learning skills.

Join us for this EPIC camp and watch your students SLAY Boomer Skills!

Week 1

June 8-11

MONDAY-8

1. **Boomer Skill of the Day: It All Comes Out in the Wash**- sort, wash, fold, hang laundry (sorting, color pattern, following directions, organization)
AM- **6 Minute Intro**~ 29 minute fun learning activity
PM-**Today's Challenge**~ **Laundry Day Relay Race**- test your boomer laundry skills against the other teams. Sort, load machine, unload, and fold. Who's the fastest with the batches????

TUESDAY-9

2. **Boomer Skill of the Day: Meet & Greet**- strong handshakes, conversation etiquette, how to keep a conversation going, meeting new people, practicing eye contact (social skills, confidence, communication, self-esteem, respect, active listening)
AM-**17 Minute Intro**~ 18 minute fun learning activity
PM-**Today's Challenge**~ **Speed Friending**- a structured, fast-paced icebreaker activity designed to help children make new friends, build social skills, and learn about their peers in a low-pressure environment. It adapts the traditional, quick-rotation format of speed dating to a whole new friendship level!

WEDNESDAY-10

3. **Boomer Skill of the Day: List to Loot**- creating an organized grocery list while staying within budget (cognitive thinking, organization, pre-planning, decision making, math)
AM- **6 Minute Intro**~ 29 minute fun learning activity
PM- **Today's Challenge**~ **Grocery Store Dash**-Test your shopping skills as grocery lists are passed out and the shopping begins! Who will find all their items the quickest to be crowned grocery shopping champions!

THURSDAY-11

4. **Boomer Skill of the Day: *Community Heros**- being a good citizen, bike safety, community laws, and more (respect, responsibility, accountability)
AM-**14 Minute Intro**~ **Sherrif Department Visit**
PM- **Today's Challenge**~ **Ready, Set, Go!** - Imagine the roar of the crowd (okay, maybe just fellow campers) cheering on as determined kiddo's peddle fast and furious while carefully following road rules! Who will cross the finish line first, without receiving a ticket????



JCE CAMP SIGMA

2026

Mastering BOOMER SKILLS in a GEN ALPHA world!

Students will gain timeless life skills through interactive, hands-on lessons. We bring learning to life with fully engaging activities and wrap up each session with exciting group competitions that make every lesson unforgettable! Throughout the day, students can **FLEX** between ten different centers, giving them the freedom to explore what they love most while building independent learning skills.

Join us for this EPIC camp and watch your students SLAY Boomer Skills!

Week 2

June 15-18

MONDAY-15

1. **Boomer Skill of the Day: Safe and Sound**- discussing situations that could potentially put us in danger and how to avoid them (self-awareness, self-protection, conscientiousness, risk assessment)
AM-**14 Minute Intro**~ 21 minute fun learning activity
PM- **Today's Challenge**~ **I Spy, An Unsafe Situation**- campers will scout out potential unsafe situations or scenarios (pre-set up of course!). Points will be collected for having a good spy eye!

TUESDAY-16

2. **Boomer Skill of the Day: Which Fork Goes First?** - setting a full proper table, table manners, etiquette (social grace, attention to detail, responsibility, confidence, pride, self-awareness)
AM-**10 Minute Intro**~ 25 minute fun learning activity
PM- **Today's Challenge**~ **The Great Plate Race**- A fun "place setting race" for kids. Teams will race to correctly set a table using placemats, utensils, plates, and cups, promoting teamwork and boomer skills, while practicing proper etiquette.

WEDNESDAY-17

3. **Boomer Skill of the Day: The Toolbox**- learning the difference between tools and learning to use them safely and appropriately. (responsibility, confidence, pride, self-awareness, fine motor skills, cognitive thinking)
AM-**7 Minute Intro**~ 28 minute fun learning activity
PM- **Today's Challenge**~ **You Nailed It!** - A race of toolbox boomer skills that will challenge the knowledge, as well as the skill, of each camper!

THURSDAY-18

4. **Boomer Skill of the Day: *Get Fresh- Dental Hygienist Visit:** the importance of taking care of our bodies-top to bottom! (self-reliance, responsibility, good habits, self-care, self-pride, social confidence)
AM-**7 Minute Intro**~ 28 minute fun learning activity
Today's Challenge~ **1. Plaque Anyone?** - after eating a snack of their choice, we will test their brushing skills. Who will have the cleanest brightest smile?
2. I'm Gonna Wash Those Germs Right Off of My Hands- using glitter as germs, we'll see who does the best job of washing them away!



JCE CAMP SIGMA

2026

Mastering BOOMER SKILLS in a GEN ALPHA world!

Students will gain timeless life skills through interactive, hands-on lessons. We bring learning to life with fully engaging activities and wrap up each session with exciting group competitions that make every lesson unforgettable! Throughout the day, students can **FLEX** between ten different centers, giving them the freedom to explore what they love most while building independent learning skills.

Join us for this EPIC camp and watch your students SLAY Boomer Skills!

Week 3

June 22-25

MONDAY-22

1. **Boomer Skill of the Day: Cleaning Crew-** household chores: washing dishes, dusting, vacuuming, sweeping (attention to detail, responsibility, self-satisfaction and reliance, strong work ethic, independence)
AM-**13 Minute Intro**~ 22 minute fun learning activity
PM- **Today's Challenge**~ **Hoover Havoc-** students will race to see who can clean up the escaped balls the quickest!
Pool Noodle Trash Stash- using handy dandy clean-up skills to win this relay race

TUESDAY-23

2. **Boomer Skill of the Day: Pump it Up-** learn to help put air in car tire, how to assist pumping gas, pump up a bicycle tire, pump up your basketball or even balloons (problem solving, following procedures, dexterity, confidence, self-reliance)
AM-**16 Minute Intro**~ 19 minute fun learning activity
PM- **Today's Challenge**~ **Pump to POP!** - In a race to see who can pump the fastest, campers will line up to pump balloons until they POP!

WEDNESDAY-24

3. **Boomer Skill of the Day: Dear Sir-** learning the art of formal letter writing, writing their signature and addressing an envelope properly.
Each camper will be asked to bring the address of a loved one so they can practice their skills and surprise someone with a beautiful letter! (fine motor skills, concentration, pride, patience, communication)
AM-**11 Minute Intro**~ 24 minute fun learning activity
PM- **Today's Challenge**~ **Signed, Sealed and Delivered-** Boomer letter writing skills will be challenged by putting all the steps in proper order, from writing a letter, all the way to making sure it's delivered properly.

THURSDAY-25

4. **Boomer Skill of the Day: First Aid and Basic CPR- Nurse Visit:** wound care, CPR basics, choking relief (confidence, problem-solving, safety, empathy, leadership)
AM-**10 Minute Intro**~ 25 minute fun learning activity
PM- **Today's Challenge**~ **First Aid Charades-** campers will each have the opportunity to silently act out a common injury or ailment to help their team win points!



JCE CAMP SIGMA

2026

Mastering BOOMER SKILLS in a GEN ALPHA world!

Students will gain timeless life skills through interactive, hands-on lessons. We bring learning to life with fully engaging activities and wrap up each session with exciting group competitions that make every lesson unforgettable! Throughout the day, students can **FLEX** between ten different centers, giving them the freedom to explore what they love most while building independent learning skills.

Join us for this EPIC camp and watch your students SLAY Boomer Skills!

Week 4

July 6-9

MONDAY-6

1. **Boomer Skill of the Day: Wrap it up-** learning to wrap a gift and other fun paper folding techniques (fine motor skills, hand-eye coordination, concentration, creativity)
AM-7 Minute Intro~ 28 minute fun learning activity
PM- **Today's Challenge~ Saran Wrap Ball Game-** in this challenge, campers will unwrap a large ball of saran wrap as it is passed around. Rolling for doubles to unwrap prizes, treats, and other silly stuff!

TUESDAY-7

2. **Boomer Skill of the Day: What's Cookin'?**- basic cooking skills including measuring, peeling, safely cutting. (planning, confidence, safety, responsibility, following directions)
AM-11 Minute Intro~ 24 minute fun learning activity
PM- **Today's Challenge~ Pie In the Face!**-take your turn to turn the crank, who will get the pie in the face?

Wednesday-8

3. **Boomer Skill of the Day: Would You Rather-** methods to decision making (exploring pro's and con's, problem solving, logical and critical thinking, checklist, accountability)
AM-18 Minute Intro~ 17 minute fun learning activity
PM- **Today's Challenge~ And the Answer Is?** - campers will secretly write their answer to a "this or that" question and fellow campers will use logical thinking to guess what their answer is.

THURSDAY-9

4. **Boomer Skill of the Day: How Does Your Garden Grow?- Guest Gardener Visit:** seed to table lessons (patience, responsibility, sensory, fine and gross motor skills, stewardship)
AM-18 Minute Intro~ 17 minute fun learning activity
PM- **Today's Challenge~ Dig In-** Items will be hidden in a pile of dirt. Dig in and feel your way to find the matching items.



JCE CAMP SIGMA

2026

Mastering BOOMER SKILLS in a GEN ALPHA world!

Students will gain timeless life skills through interactive, hands-on lessons. We bring learning to life with fully engaging activities and wrap up each session with exciting group competitions that make every lesson unforgettable! Throughout the day, students can **FLEX** between ten different centers, giving them the freedom to explore what they love most while building independent learning skills.

Join us for this EPIC camp and watch your students SLAY Boomer Skills!

Week 5

July 13-16

MONDAY-13

1. **Boomer Skill of the Day: The Bedquarters-** learning to make a bed and fold sheets (attention to detail, responsibility, self-satisfaction)
AM-**12 Minute Intro**~ 23 minute fun learning activity
PM- **Today's Challenge~ Flip the Sheet-** team work makes the dream work! This challenge can't be won without working together!

TUESDAY-14

2. **Boomer Skill of the Day: Pipe Line-** learning to frost a cake and decorate it with piping bags and frosting tips. (creativity, attention to detail, fine motor skills, concentration, pride)
AM-**11 Minute Intro**~ 24 minute fun learning activity
PM- **Today's Challenge~ Cake Walk-** It's a boomer classic at every church bazaar!

WEDNESDAY-15

3. **Boomer Skill of the Day: You Had Me in Stitches-** basic sewing skills: mending, replace a button, add a cool patch (fine motor skills, hand-eye coordination, problem solving, self-confidence, focus, logic)
AM-**7 Minute Intro**~ 28 minute fun learning activity
PM- **Today's Challenge~ Thread the Needle-** a race to put your boomer skills to practice! Players will become the thread as they as they race to stitch their way through!

THURSDAY-16

4. **Boomer Skill of the Day: *911- What Is Your Emergency? - Fire Department Visit:** emergency preparedness, fire safety and more (resilience, problem solving, critical thinking, calm decision making, empowering)
AM-**18 Minute Intro**~ 17 minute fun learning activity
PM- **Today's Challenge~ Stop, Drop and Roll Relay-** practicing emergency skills, teams will practice exiting the area safely and quickly through our "danger" obstacle course. Who will win the challenge while practicing important safety skills!