St. Johns County School District Food and Nutrition Services

Fueling Students for Success

VPK/Headstart Breakfast Menu

November 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	November 2	**November 3**	**November 4**	**November 5**	**November 6**
Entrée Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit	Eggstravaganza and Toast Apple or Orange 100% Fruit Juice	French Toast Sticks Assorted Fruit Crispy Tater Tots	Egg & Cheese Biscuit Apple or Orange 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit
	November 9	**November 10**	**November 11**	**November 12**	**November 13**
Entrée Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit	Eggstravaganza and Toast Apple or Orange 100% Fruit Juice	VETERANS DAY	Egg & Cheese Biscuit Apple or Orange 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit
	November 16	**November 17**	**November 18**	**November 19**	**November 20**
Entrée Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit	Eggstravaganza and Toast Apple or Orange 100% Fruit Juice	French Toast Sticks Assorted Fruit Crispy Tater Tots	Egg & Cheese Biscuit Apple or Orange 100% Fruit Juice	Assorted Cereal and Toast Assorted Fruit
	November 26	**November 27**	**November 28**	**November 29**	**November 30**
Entrée Vegetables & Fruit	Thanksgiving Holiday				
	November 30				
Entrée Vegetables & Fruit	Assorted Cereal and Toast Assorted Fruit				

Choice of low fat plain or fat-free plain or flavored milk with every meal.

Choice of 100% Fruit Juice may include Apple, Grape, Orange, and Tropical Punch.

Assorted cereals include a choice of reduced sugar varieties:

Trix, Apple Cinnamon Cheerios, Frosted Corn Flakes, Cinnamon Chex, Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms.

This institution is an equal opportunity provider.