



St. Johns County School District Food and Nutrition Services

Fueling Students for Success

Headstart Breakfast Menu September 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 1		September 2	September 3	September 4
Entrée		Eggstravaganza and Toast	French Toast Sticks	Egg & Cheese Biscuit	Assorted Cereal and Toast
Vegetables & Fruit		Apple or Orange 100% Fruit Juice	Assorted Fruit Crispy Tater Tots	Apple or Orange 100% Fruit Juice	Assorted Fruit
	September 7	September 8	September 9	September 10	September 11
Entrée	LABOR DAY	Eggstravaganza and Toast	French Toast Sticks	Egg & Cheese Biscuit	Assorted Cereal and Toast
Vegetables & Fruit	No School!	Apple or Orange 100% Fruit Juice	Assorted Fruit Crispy Tater Tots	Apple or Orange 100% Fruit Juice	Assorted Fruit
	September 14	September 15	September 16	September 17	September 18
Entrée	Assorted Cereal and Toast	Eggstravaganza and Toast	French Toast Sticks	Egg & Cheese Biscuit	Assorted Cereal and Toast
Vegetables & Fruit	Assorted Fruit	Apple or Orange 100% Fruit Juice	Assorted Fruit Crispy Tater Tots	Apple or Orange 100% Fruit Juice	Assorted Fruit
	September 21	September 22	September 23	September 24	September 25
Entrée	Assorted Cereal and Toast	Eggstravaganza and Toast	French Toast Sticks	Egg & Cheese Biscuit	TEACHER INSERVICE DAY
Vegetables & Fruit	Assorted Fruit	Apple or Orange 100% Fruit Juice	Assorted Fruit Crispy Tater Tots	Apple or Orange 100% Fruit Juice	No School!

Choice of low fat plain or fat-free plain or flavored milk with every meal. Choice of 100% juice may include Apple, Grape, Orange, and Tropical Punch.

Assorted cereals include a choice of reduced sugar varieties.

This institution is an equal opportunity provider.



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	September 28	September 29	September 30		
Entrée	Assorted Cereal and Toast	Eggstravaganza and Toast	French Toast Sticks		
Vegetables & Fruit	Assorted Fruit	Apple or Orange 100% Fruit Juice	Assorted Fruit Crispy Tater Tots		

Choice of low fat plain or fat-free plain or flavored milk with every meal. Choice of 100% juice may include Apple, Grape, Orange, and Tropical Punch.

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