

st johns county school district

Allergens & Food Sensitivity

| Rec. # | Description | Milk | Egg | Peanut | Tree Nut | Fish | Shellfish | Soy | Wheat |
|--------|--------------------------------|------|-----|--------|----------|------|-----------|-----|-------|
| 000882 | Amazin Raisins | NO | NO | NO | NO | NO | NO | NO | NO |
| 000636 | Apple Juice - 4 OZ | NO | NO | NO | NO | NO | NO | NO | NO |
| 000635 | Apple Juice, 6oz | NO | NO | NO | NO | NO | NO | NO | NO |
| 000847 | Apples, Fresh, Whole | NO | NO | NO | NO | NO | NO | NO | NO |
| 000064 | APPLES,Fresh | NO | NO | NO | NO | NO | NO | NO | NO |
| 000356 | APPLESAUCE,SWEETENED | NO | NO | NO | NO | NO | NO | NO | NO |
| 000601 | BAKED BEANS (VEGETARIAN) 2 | NO | NO | NO | NO | NO | NO | NO | NO |
| 000068 | BANANAS | NO | NO | NO | NO | NO | NO | NO | NO |
| 000072 | BBQ Sauce - Kens Dunk Cup | NO | NO | NO | NO | NO | NO | NO | NO |
| 000493 | BBQ Sauce - PC pkt | NO | NO | NO | NO | NO | NO | NO | NO |
| 000111 | BBQ Sauce Dunk Cup | NO | NO | NO | NO | NO | NO | NO | NO |
| 000718 | Biscuit | YES | NO | NO | NO | NO | NO | YES | YES |
| 000879 | Black Cherry Froot Jooce Ice | NO | NO | NO | NO | NO | NO | NO | NO |
| 000848 | blueberries, fresh | NO | NO | NO | NO | NO | NO | NO | NO |
| 000410 | Breadstick, Rip Stick | YES | YES | NO | NO | NO | NO | YES | YES |
| 000860 | Breakfast Bites | NO | NO | NO | NO | NO | NO | NO | YES |
| 000871 | Breakfast Pocket | YES | YES | NO | NO | NO | NO | YES | YES |
| 000805 | Broccoli Floret Dippers | NO | NO | NO | NO | NO | NO | NO | NO |
| 000595 | broccoli floret,frozen,steamed | NO | NO | NO | NO | NO | NO | NO | NO |
| 000477 | Carrot & Celery Dippers | NO | NO | NO | NO | NO | NO | NO | NO |
| 000476 | Carrot & Cucumber Dipper | NO | NO | NO | NO | NO | NO | NO | NO |
| 000512 | Carrot Bites | NO | NO | NO | NO | NO | NO | NO | NO |
| 000446 | Carrots, frozen | NO | NO | NO | NO | NO | NO | NO | NO |
| 000795 | Celery Stick & Cucumber Dipper | NO | NO | NO | NO | NO | NO | NO | NO |
| 000470 | Celery Sticks | NO | NO | NO | NO | NO | NO | NO | NO |
| 000190 | Cereal, Apple Cinnamon Cheerio | ? | NO | NO | NO | NO | NO | ? | ? |
| 000822 | Cereal, Cinnamon Chex | NO | NO | NO | NO | NO | NO | NO | NO |
| 000647 | Cereal, Cinnamon Toast Crunch | NO | NO | NO | NO | NO | NO | YES | YES |
| 000728 | Cereal, Cocoa Puffs | NO | NO | NO | NO | NO | NO | ? | ? |
| 000216 | Cereal, Frosted Flakes, MG RS | NO | NO | NO | NO | NO | NO | NO | YES |
| 000702 | Cereal, Fruit Loops MG RS | NO | NO | NO | NO | NO | NO | NO | YES |
| 000220 | Cereal, Honey Nut Cheerios | NO | NO | YES | NO | NO | NO | NO | ? |
| 000218 | Cereal, Lucky Charms WG | NO | NO | NO | NO | NO | NO | NO | NO |
| 000724 | Cereal, Rice Chex WG | NO | NO | NO | NO | NO | NO | NO | NO |
| 000645 | CEREAL,FRUITY CHEERIOS | NO | NO | NO | NO | NO | NO | ? | ? |
| 000219 | Cereal,Golden Grahams WG | NO | NO | NO | NO | NO | NO | NO | YES |
| 000864 | Cheese Filled Pizza Sticks | YES | NO | NO | NO | NO | NO | YES | YES |
| 000865 | Cheese Filled Pizza Sticks, 3 | YES | NO | NO | NO | NO | NO | YES | YES |
| 000867 | cheese sandwich, 1m/ma | YES | NO | NO | NO | NO | NO | YES | YES |
| 000801 | Cheese, Fruit & Veggie Cup | YES | NO | NO | NO | NO | NO | NO | NO |
| 000161 | Cheeseburger | YES | NO | NO | NO | NO | NO | YES | YES |
| 000779 | Cheeseburger Lunch Box | YES | NO | NO | NO | NO | NO | YES | YES |
| 000496 | Chicken Nugget | YES | NO | NO | NO | NO | NO | YES | YES |
| 000876 | Chicken Nugget - Elem GC | NO | NO | NO | NO | NO | NO | YES | YES |
| 000877 | Chicken Nugget - HIGH GC | NO | NO | NO | NO | NO | NO | YES | YES |
| 000746 | Chicken Nugget - HIGH SCHOOL | YES | NO | NO | NO | NO | NO | YES | YES |
| 000878 | Chicken Nugget - Mid GC | NO | NO | NO | NO | NO | NO | YES | YES |

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|--------|--------------------------------|------|-----|--------|----------|------|-----------|-----|-------|
| 000751 | Chicken Nugget Salad | YES | YES | NO | NO | NO | NO | YES | YES |
| 000781 | Chicken Sandwich Lunch | YES | ? | NO | NO | NO | NO | YES | YES |
| 000866 | Chicken Tenders | YES | NO | NO | NO | NO | NO | YES | YES |
| 000858 | Chicken Wrap - Elem | YES | NO | NO | NO | NO | NO | NO | YES |
| 000859 | Chicken Wrap - Middle | YES | NO | NO | NO | NO | NO | NO | YES |
| 000138 | Colby Jack String Cheese Stick | YES | NO | NO | NO | NO | NO | NO | NO |
| 000811 | Cool Box 1 | YES | NO | NO | NO | NO | NO | NO | YES |
| 000873 | Cool Box 1.5 | NO | NO | NO | NO | NO | NO | YES | YES |
| 000813 | Cool Box 2 | YES | NO | NO | NO | NO | NO | NO | YES |
| 000874 | Cool Box 2.5 | ? | ? | ? | ? | ? | ? | ? | ? |
| 000505 | Corn Dog | YES | YES | NO | NO | NO | NO | YES | YES |
| 000689 | Corn, canned yellow | NO | NO | NO | NO | NO | NO | NO | NO |
| 000271 | CORN: frozen, yellow | NO | NO | NO | NO | NO | NO | NO | NO |
| 000792 | Craisins, Orange Cranberry | NO | NO | NO | NO | NO | NO | NO | NO |
| 000734 | Cranberries | NO | NO | NO | NO | NO | NO | NO | NO |
| 000377 | CUCUMBER,RAW | NO | NO | NO | NO | NO | NO | NO | NO |
| 000843 | DOD Cantaloupe Cubes | NO | NO | NO | NO | NO | NO | NO | NO |
| 000845 | DOD Grapes indiv pack | NO | NO | NO | NO | NO | NO | NO | NO |
| 000844 | DOD HoneyDew Cubes | NO | NO | NO | NO | NO | NO | NO | NO |
| 000842 | DOD Pineapple Cubes | NO | NO | NO | NO | NO | NO | NO | NO |
| 000846 | DOD Strawberries | NO | NO | NO | NO | NO | NO | NO | NO |
| 000471 | Dressing, Ranch Light Dunk cup | YES | YES | NO | NO | NO | NO | NO | NO |
| 000862 | Egg & Cheese Rolled Taco - K-8 | YES | YES | NO | NO | NO | NO | NO | YES |
| 000863 | Egg & Cheese Rolled Taco, 9-12 | YES | YES | NO | NO | NO | NO | NO | YES |
| 000182 | Egg Patties, Grilled | YES | YES | NO | NO | NO | NO | NO | NO |
| 000370 | EGG,HARD-BOILED | NO | YES | NO | NO | NO | NO | NO | NO |
| 000368 | French Toast Sticks - Richs | NO | NO | NO | NO | NO | NO | YES | YES |
| 000089 | Fresh Apple Slices | NO | NO | NO | NO | NO | NO | NO | NO |
| 000637 | Fruit Punch, 6 oz | NO | NO | NO | NO | NO | NO | NO | NO |
| 000310 | Fruit, fresh,variety | NO | NO | NO | NO | NO | NO | NO | NO |
| 000869 | Garlic Breadstick | YES | YES | NO | NO | NO | NO | YES | YES |
| 000870 | Garlic Breadstick -high | YES | YES | NO | NO | NO | NO | YES | YES |
| 000791 | Garlic Toast | YES | NO | NO | NO | NO | NO | YES | YES |
| 000790 | Garlic Toast - High | YES | NO | NO | NO | NO | NO | YES | YES |
| 000639 | Grape Juice, 6 oz | NO | NO | NO | NO | NO | NO | NO | NO |
| 000640 | Grape Juice- 4 OZ | NO | NO | NO | NO | NO | NO | NO | NO |
| 000422 | GRAPES,Fresh | NO | NO | NO | NO | NO | NO | NO | NO |
| 000530 | Green Beans, canned | NO | NO | NO | NO | NO | NO | NO | NO |
| 000280 | grill cheese sandwich, 1m/ma | YES | NO | NO | NO | NO | NO | NO | YES |
| 000577 | grill cheese sandwich, 2m/ma | YES | NO | NO | NO | NO | NO | NO | YES |
| 000817 | Grilled Chicken Salad | NO | NO | NO | NO | NO | NO | NO | NO |
| 000816 | Grilled Chicken Wrap - HS | YES | NO | NO | NO | NO | NO | NO | YES |
| 000814 | Grilled Chicken Wrap- Elem | YES | NO | NO | NO | NO | NO | YES | YES |
| 000815 | Grilled Chicken Wrap- Middle | YES | NO | NO | NO | NO | NO | YES | YES |
| 000379 | Hamburger | YES | NO | NO | NO | NO | NO | YES | YES |
| 001050 | Heinz Mayonnaise PC | NO | YES | NO | NO | NO | NO | NO | NO |
| 001052 | Homestyle Chicken Sandwich | YES | NO | NO | NO | NO | NO | YES | YES |

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| 000875 | Homestyle Chicken Sandwich GC | NO | NO | NO | NO | NO | NO | YES | YES |
| 000133 | Homestyle Mac & Cheese | YES | YES | NO | NO | NO | NO | NO | YES |
| 000110 | Honey Mustard Dip Sauce | NO | NO | NO | NO | NO | NO | NO | NO |
| 000162 | Hot Dog | NO | NO | NO | NO | NO | NO | YES | YES |
| 000345 | JELLY | NO | NO | NO | NO | NO | NO | NO | NO |
| 000764 | juice, apple cherry -4oz | NO | NO | NO | NO | NO | NO | NO | NO |
| 000269 | juice, apple cherry 6oz | NO | NO | NO | NO | NO | NO | NO | NO |
| 000835 | juice, orange pineapple | NO | NO | NO | NO | NO | NO | NO | NO |
| 000861 | Jungle Crackers | NO | NO | NO | NO | NO | NO | NO | YES |
| 000082 | Ketchup,pc | NO | NO | NO | NO | NO | NO | NO | NO |
| 000849 | kiwi, sliced, package | NO | NO | NO | NO | NO | NO | NO | NO |
| 000381 | Lettuce & Tomato Cup | NO | NO | NO | NO | NO | NO | NO | NO |
| 000800 | Lunch Salad | YES | YES | NO | NO | NO | NO | NO | NO |
| 000703 | Mandarin Oranges | NO | NO | NO | NO | NO | NO | NO | NO |
| 000880 | Mango Froot Jooce Ice | NO | NO | NO | NO | NO | NO | NO | NO |
| 000172 | Milk, Chocolate, Fat Free | YES | NO | NO | NO | NO | NO | NO | NO |
| 000171 | Milk, Skim Half Pint, TG Lee | YES | NO | NO | NO | NO | NO | NO | NO |
| 000768 | Milk, Strawberry FF TruMoo | YES | NO | NO | NO | NO | NO | NO | NO |
| 000170 | Milk, 1% Half Pint, TG Lee | YES | NO | NO | NO | NO | NO | NO | NO |
| 000883 | Mini Cinni Bites - El | YES | YES | NO | NO | NO | NO | YES | YES |
| 000885 | Mini Cinni Bites - High | YES | YES | NO | NO | NO | NO | YES | YES |
| 000884 | Mini Cinni Bites - Mid | YES | YES | NO | NO | NO | NO | YES | YES |
| 000681 | Mini Corn Dogs | YES | YES | NO | NO | NO | NO | YES | YES |
| 000529 | Mixed Fruit | NO | NO | NO | NO | NO | NO | NO | NO |
| 000825 | Mixed Fruit Cups | NO | NO | NO | NO | NO | NO | NO | NO |
| 000881 | Mookie Crackers | NO | NO | NO | NO | NO | NO | NO | YES |
| 000140 | Mozzarella String Cheese Stick | YES | NO | NO | NO | NO | NO | NO | NO |
| 000223 | MUSTARD: individual PC | NO | NO | NO | NO | NO | NO | NO | NO |
| 000083 | NECTARINES,FRESH | NO | NO | NO | NO | NO | NO | NO | NO |
| 000167 | NO BREAKFAST | ? | ? | ? | ? | ? | ? | ? | ? |
| 000156 | NO LUNCH | ? | ? | ? | ? | ? | ? | ? | ? |
| 000145 | NO SCHOOL TODAY | ? | ? | ? | ? | ? | ? | ? | ? |
| 000774 | Nugget Lunch Box - High | YES | NO | NO | NO | NO | NO | YES | YES |
| 000773 | Nugget Lunch Box - Middle | YES | NO | NO | NO | NO | NO | YES | YES |
| 000642 | Orange Juice - 4 OZ | NO | NO | NO | NO | NO | NO | NO | NO |
| 000641 | Orange Juice, 6 oz | NO | NO | NO | NO | NO | NO | NO | NO |
| 000086 | ORANGES- whole | NO | NO | NO | NO | NO | NO | NO | NO |
| 000715 | Pasta & Meatballs | YES | YES | NO | NO | NO | NO | YES | YES |
| 000204 | PB Jamwich | YES | NO | YES | NO | NO | NO | NO | YES |
| 000062 | Peach cups, frozen | NO | NO | NO | NO | NO | NO | NO | NO |
| 000093 | Peaches - single serving | NO | NO | NO | NO | NO | NO | NO | NO |
| 000088 | PEACHES,FRESH | NO | NO | NO | NO | NO | NO | NO | NO |
| 000437 | PEACHES: sliced | NO | NO | NO | NO | NO | NO | NO | NO |
| 000205 | Pear Cup | NO | NO | NO | NO | NO | NO | NO | NO |
| 000537 | Pears, diced | NO | NO | NO | NO | NO | NO | NO | NO |
| 000090 | PEARS,FRESH | NO | NO | NO | NO | NO | NO | NO | NO |
| 000445 | Peas, frozen | NO | NO | NO | NO | NO | NO | NO | NO |

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|--------|--------------------------------|------|-----|--------|----------|------|-----------|-----|-------|
| 000572 | PEAS: can,cooked | NO | NO | NO | NO | NO | NO | NO | NO |
| 000872 | Pepperoni Calzone | YES | NO | NO | NO | NO | NO | YES | YES |
| 000770 | pepperoni calzonette | YES | NO | NO | NO | NO | NO | YES | YES |
| 000092 | PINEAPPLE CHNKS:can,ltsyr | NO | NO | NO | NO | NO | NO | NO | NO |
| 000824 | Pineapple Cup | NO | NO | NO | NO | NO | NO | NO | NO |
| 000013 | Pineapple Tidbits | NO | NO | NO | NO | NO | NO | NO | NO |
| 000378 | Pizza, Cheese WG Wedge 8in | YES | NO | NO | NO | NO | NO | YES | YES |
| 000760 | Pizza, Cheese, 16in | YES | NO | NO | NO | NO | NO | YES | YES |
| 000837 | Pizza, Pepperoni Wedge | YES | NO | NO | NO | NO | NO | NO | YES |
| 000094 | PLUMS,FRESH | NO | NO | NO | NO | NO | NO | NO | NO |
| 000868 | POP.tart | NO | NO | NO | NO | NO | NO | YES | YES |
| 000186 | Popcorn Chicken - GoldCreek | NO | NO | NO | NO | NO | NO | YES | YES |
| 000777 | Popcorn Lunch Box - High | YES | NO | NO | NO | NO | NO | YES | YES |
| 000776 | Popcorn Lunch Box - Middle | YES | NO | NO | NO | NO | NO | YES | YES |
| 000765 | Potato, 3/8 Regular Cut | NO | NO | NO | NO | NO | NO | NO | NO |
| 000745 | Raisels, Watermelon Shock | NO | NO | NO | NO | NO | NO | NO | NO |
| 900052 | RAISINS,SEEDLESS | NO | NO | NO | NO | NO | NO | NO | NO |
| 000146 | Ridgefields Sidekicks | NO | NO | NO | NO | NO | NO | NO | NO |
| 000144 | Ridgefields Slushie Cups | NO | NO | NO | NO | NO | NO | NO | NO |
| 000197 | salsa | NO | NO | NO | NO | NO | NO | NO | NO |
| 000571 | Sauce, Marinara | NO | NO | NO | NO | NO | NO | NO | NO |
| 000762 | Sausage Biscuit | YES | YES | NO | NO | NO | NO | YES | NO |
| 000673 | Scrambled Egg Biscuit | YES | YES | NO | NO | NO | NO | YES | YES |
| 000279 | side salad, dark greens | NO | NO | NO | NO | NO | NO | NO | NO |
| 000131 | Sliced Cheese, LF Yellow Amer | YES | NO | NO | NO | NO | NO | NO | NO |
| 000275 | Soybutter & Jelly Sandwich | YES | NO | NO | NO | NO | NO | YES | YES |
| 000710 | Spicy Chicken Sandwich - GC | YES | NO | NO | NO | NO | NO | YES | YES |
| 000780 | Spicy Chix Sandwich Lunch Box | YES | NO | NO | NO | NO | NO | YES | YES |
| 000720 | Strawberries,Frozen, ss | ? | ? | ? | ? | ? | ? | ? | ? |
| 000098 | STRAWBERRIES: frozen | NO | NO | NO | NO | NO | NO | NO | NO |
| 000109 | Sweet n Sour Sauce | NO | NO | NO | NO | NO | NO | NO | NO |
| 000398 | Sweet Potato Bites | NO | NO | NO | NO | NO | NO | NO | NO |
| 000112 | Sweet Potato Fries | NO | NO | NO | NO | NO | NO | NO | NO |
| 000807 | Sweet Red Peppers & Celery | NO | NO | NO | NO | NO | NO | NO | NO |
| 000349 | SYRUP,PANCAKE | NO | NO | NO | NO | NO | NO | NO | NO |
| 000545 | Taco Sauce, pc | NO | NO | NO | NO | NO | NO | NO | NO |
| 000100 | TANGERINES,FRESH | NO | NO | NO | NO | NO | NO | NO | NO |
| 000725 | Toast | NO | NO | NO | NO | NO | NO | YES | YES |
| 000726 | Toast -high school | NO | NO | NO | NO | NO | NO | YES | YES |
| 000475 | Tomato & Celery Dippers | NO | NO | NO | NO | NO | NO | NO | NO |
| 000473 | Tomato Dippers | NO | NO | NO | NO | NO | NO | NO | NO |
| 000638 | Tropical Punch - 4 OZ | NO | NO | NO | NO | NO | NO | NO | NO |
| 000750 | WG Donut | YES | YES | NO | NO | NO | NO | YES | YES |
| 000238 | Yogurt, Upstate, Strawb banana | YES | NO | NO | NO | NO | NO | NO | NO |
| 000239 | Yogurt, Upstate, Strawberry | YES | NO | NO | NO | NO | NO | NO | NO |

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