

Jump Rope Club

Wednesday and Friday Mornings!

Starting: Wednesday, March 7th

Time: 8:00 am

Location: Amphitheater

Students will work on their cardiorespiratory endurance by jumping rope. They will learn several skills with the single rope, long rope, double dutch.

Students can enter thru the front office at 8:00 am or go thru the Café if dropped off before 8:00

There is \$10 donation fee. This will include special incentives and spirit sticks.

Name: _____ Teacher: _____

Are there any limitations? _____

Email: _____

Parent Signature: _____

Please make check out to JCE PTO \$10